Clinical Snapshot

DARCO

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Prime Health Care

DUO™ Pro
Wound Care Shoe



Patient Overview

Patient is a 81 y/o M with PMH pertinent for PVD, PAD, DM2, iron deficiency anemia with long standing history of diabetic foot ulcers and venous leg ulcers.

He has been a patient in the wound clinic for at least 3 years. When I met him on 6/11/26, he had right heel DFU and bilateral venous leg ulcers. Upon initial assessment he had a **left heel ulcer that had been present for at least 4 months with no improvements,** and he was not in an offloading shoe. He has mobility and gait issues at baseline and right heel pain made this worse

His social history is unique as he lives alone in a home with no electricity or running water. He has a basic cell phone that he does not use with any frequency. He does not drive and relies on friends and family to get to appointments. He has been receiving home health nursing to change his dressing once during the week and once a week in the clinic. He is seen at his brother's home for nursing care.

Intervention

His right heel wound had previously had copious drainage, and he has had a variety of treatments performed over the course of his wounds to include Iodasorb, DACC dressings, hydrofiber, superabsorbent dressings. He is now receiving Puraply and PHMB gauze which has made a marked difference in drainage.

He had received the **DUO™ Pro** shoes from DARCO in early July and started wearing at appointment 7/2. Upon fitting them, he had **immediate relief of pain to right heel.** He has worn these shoes daily since.

Conclusion

The wound has shown remarkable improvement in the past 3 months from size of 4 cm x 3 cm x 1 cm with area of undermining (6/11/26) to 0.4 × 1 × 0.5 (9/17/26) and no further undermining.

> **The improvement in wound healing is multi-factorial, but a key to his success has been ability to offload the wound using the DARCO DUO™ Pro. This allowed for pressure relief to the wound site and in addition, aided in his pain relief and improved mobility.**
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> **- Tara Thomas**